WE CLAIM:

- 1. An optical stack comprising:
 - a) a first liquid crystal layer; and
 - b) a j-retarder disposed on the liquid crystal layer; wherein the j-retarder comprises a simultaneous biaxially stretched polymeric film being substantially non-absorbing and non-scattering for at least one polarization state of visible light; and having x, y, and z orthogonal indices of refraction wherein at least two of the orthogonal indices of refraction are not equal, an in-plane retardance being 100 nm or less and an absolute value of an out-of-plane retardance being 55 nm or greater.

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- 2. The optical stack according to claim 1, further comprising a second liquid crystal layer wherein the j-retarder is disposed between the first liquid crystal layer and the second liquid crystal layer.
- 15 3. The optical stack according to claim 1, further comprising a polarizer layer wherein the first liquid crystal layer is disposed between the j-retarder and the polarizer layer.
 - 4. The optical stack according to claim 3, wherein the polarizer layer is an absorbing polarizer layer.

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- 5. The optical stack according to claim 4, further comprising a reflective polarizer layer wherein the absorbing polarizer layer is disposed between the first liquid crystal layer and the reflective polarizer layer.
- 25 6. An optical stack comprising:
 - a) a polarizer layer; and
 - b) a j-retarder disposed on the polarizer layer; wherein the j-retarder comprises a simultaneous biaxially stretched polymeric film being substantially non-absorbing and non-scattering for at least one polarization state of visible light; and having x, y, and z orthogonal indices of refraction wherein at least two of the orthogonal indices of

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refraction are not equal, an in-plane retardance being 100 nm or less and an absolute value of an out-of-plane retardance being 55 nm or greater.

- 7. The optical stack according to claim 6, wherein the polarizer layer is an absorbing5 polarizer layer.
 - 8. The optical stack according to claim 6, wherein the polarizer layer is a reflecting polarizer layer.
- 9. The optical stack according to claim 7, further comprising a reflecting polarizer layer wherein the absorbing polarizer layer is disposed between j-retarder and the reflecting polarizer layer.
 - 10. A liquid crystal display comprising:
 - a) a first liquid crystal layer;
 - b) a light modulating device; and
 - c) a j-retarder disposed disposed between the first liquid crystal layer and the light modulating device; wherein the j-retarder comprises a simultaneous biaxially stretched polymeric film being substantially non-absorbing and non-scattering for at least one polarization state of visible light; and having x, y, and z orthogonal indices of refraction wherein at least two of the orthogonal indices of refraction are not equal, an in-plane retardance being 100 nm or less and an absolute value of an out-of-plane retardance being 55 nm or greater.
- 25 11. The liquid crystal display according to claim 10, further comprising a second liquid crystal layer disposed between the j-retarder and light modulating device.
 - 12. The liquid crystal display according to claim 10, further comprising a polarizer layer wherein the first liquid crystal layer is disposed between the j-retarder and the polarizer layer.

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- 13. The liquid crystal display according to claim 12, wherein the polarizer layer is an absorbing polarizer layer.
- 14. The liquid crystal display according to claim 13, further comprising a reflective polarizer layer wherein the absorbing polarizer layer is disposed between the first liquid crystal layer and the reflective layer.
 - 15. A liquid crystal display comprising
 - a) a polarizer layer;

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- b) a light modulating device; and
 - c) a j-retarder disposed between the polarizer layer and the light modulating device; wherein the j-retarder comprises a simultaneous biaxially stretched polyolefin film being substantially non-absorbing and non-scattering for at least one polarization state of visible light; and having x, y, and z orthogonal indices of refraction wherein at least two of the orthogonal indices of refraction are not equal, an in-plane retardance being 100 nm or less and an absolute value of an out-of-plane retardance being 55 nm or greater.
- 16. The liquid crystal display according to claim 15, wherein the polarizer layer is an absorbing polarizer layer.
 - 17. The liquid crystal display according to claim 15, wherein the polarizer layer is a reflecting polarizer layer.
- 25 18. The liquid crystal display according to claim 16, further comprising a reflecting polarizer layer wherein the absorbing polarizer layer is disposed between the reflecting polarizer layer and the j-retarder.